

1	Giffnock North AAC	00:32:15	21	Falkirk Victoria Harriers	00:35:43	41	Ayr Seaforth AC C	00:38:00
	Annabel Ballantyne (GU13)	11:05		Phoebe Angus (GU13)	12:15		Alexandra Smiley (GU13)	12:54
	Danielle Kelly (GU15)	10:44		Olivia Vareille (GU15)	12:05		Caitlin Chilton (GU15)	12:32
	Erin Wallace (GU15)	10:26		Jessica Christie (GU15)	11:23		Mia Cullis (GU15)	12:34
2	Kilbarchan AAC	00:32:31	22	Greenock Glenpark	00:36:21	42	Lasswade AAC B	00:38:04
	Alisha Sivell (GU13)	10:49		Zoe Renfrew (GU13)	13:17		Joey Baxter (GU13)	12:50
	Leona Murray (GU13)	11:22		Shelby Morrison (GU15)	11:00		Eilidh Brown (GU15)	12:49
	Laura Stark (FU17)	10:20		Nichola Doohan (GU15)	12:04		Imogen Wilson (FU17)	12:25
3	Central AC	00:32:36	23	Kirkintilloch Olympians	00:36:25	43	Motherwell AC	00:38:10
	Ciorstaidh Ainsworth (GU13)	11:20		Hannah Paton (GU13)	11:52		Joey Leach (GU13)	12:48
	Jennifer Walls (GU15)	10:54		Emma Mahon (GU15)	12:14		Sophie Hall (GU15)	13:05
	Kate Gallagher (GU15)	10:22		Perri McCluskey (FU17)	12:19		Emma Hunter (FU17)	12:17
4	VP-Glasgow AC	00:32:45	24	Giffnock North AAC G	00:36:27	44	VP-Glasgow AC C	00:38:19
	Lily Jane Evans- Haggerty (GU13)	11:52		Zoe Coyne (GU13)	12:10		Jenna Little (GU13)	12:13
	Holly Little (GU15)	11:31		Orla Lang (GU13)	11:48		Amy Bissett (GU15)	12:48
	Gillian Black (FU17)	10:22		Charlotte McKenna (GU15)	12:29		Adelina Callan (FU17)	13:18
5	Giffnock North AAC B	00:32:57	25	East Kilbride A.C.	00:36:33	45	Garscube Harriers	00:38:22
	Sofia Kirkpatrick (GU13)	11:24		Sarah Connolly (GU13)	11:50		Ellen Cameron (GU13)	14:00
	Nikki Miller (GU15)	10:33		Hannah Anderson (GU13)	12:31		Lindsay Robertson (GU15)	12:08
	Holly Still (FU17)	11:00		Heather Addison (FU17)	12:12		Emma Wilson (FU17)	12:14
6	Edinburgh AC	00:33:13	26	Central AC C	00:36:35	46	VP-Glasgow AC D	00:38:30
	Pippa Carcas (GU13)	11:37		Rosie Eckersley (GU13)	12:44		Niamh Hay (GU13)	12:18
	Eloise Walker (GU15)	10:24		Laurny Turnbull (GU15)	11:45		Rhian Callan (GU13)	12:54
	Zoe Bates (FU17)	11:12		Eleanor Hanson (FU17)	12:06		Robyn Connolly (FU17)	13:18
7	Giffnock North AAC C	00:33:24	27	Aberdeen AAC	00:36:42	47	Giffnock North AAC I	00:38:48
	Kate Richardson (GU13)	10:59		Kirsty Oldham (GU13)	11:45		Eve Denholm (GU13)	12:35
	Emily Crusher (GU15)	11:18		Talia Mathers (GU15)	13:07		Rosie McKay (GU13)	12:49
	Sarah Olivia Eunson (FU17)	11:07		Lise Theron (FU17)	11:50		Maia Carolan (GU15)	13:24
8	Inverclyde AC	00:34:03	28	Glasgow School of Sport B	00:36:44	48	Central AC D	00:38:49
	Nuala McCheyne (GU13)	10:36		Neve McGuire (GU13)	12:22		Skye Henderson (GU13)	12:13
	Cliona McCheyne (GU13)	11:17		Lori Agnew (GU15)	11:45		Abby Rowley (GU15)	14:05
	Jennifer Lyne (GU15)	12:10		Abigail McInnes (FU17)	12:37		Darcy Baxter (GU13)	12:31
9	Ayr Seaforth AC	00:34:06	29	Gala Harriers B	00:36:53	49	Kirkintilloch Olympians B	00:39:00
	Emma Frew (GU13)	10:35		Eilidh Forbes (GU13)	13:01		Niamh Summers (GU13)	12:23
	Lucy Davidson (GU15)	12:54		Lindsay Jackson (FU17)	12:02		Ailish Docherty (GU13)	13:31
	Kirstin Oakley (FU17)	10:37		Katie Rourke (GU15)	11:50		Alicia Paton (FU17)	13:06
10	Glasgow School of Sport	00:34:10	30	Giffnock North AAC E	00:36:56	50	Falkirk Victoria Harriers B	00:39:01
	Laura Ferguson (GU13)	11:04		Lauren Paterson (GU13)	12:59		Chloe McClung (GU13)	12:30
	Neve Littlejohn (GU15)	11:09		Emma Lawton (GU15)	11:43		Nicole McIntyre (GU15)	12:47
	Leanne Findlay (FU17)	11:57		Zoe Jamieson (GU15)	12:14		Carris Anderson (GU15)	13:44
11	VP-Glasgow AC B	00:34:15	31	Gala Harriers	00:36:57	51	Edinburgh AC E	00:39:03
	Emma Gilmour (GU13)	11:13		Rhiannon Fagan (GU13)	12:25		Alice Goodall (GU13)	12:28
	Adrienne Murray (GU15)	11:40		Elena Heger (GU15)	13:16		Anna Boyd (GU15)	13:26
	Tessa Hickey (FU17)	11:22		Susannah Godfrey-Faussett (FU17)	12:15		Rachel Watson (FU17)	13:09
12	Giffnock North AAC D	00:34:20	32	Law & District AAC	00:36:59	52	Dundee Hawkhill Harriers B	00:39:13
	Heather Barnes (GU13)	10:48		Erin Snow (GU13)	11:29		Emily Paul (GU13)	13:02
	Lynn McKenna (GU15)	11:30		Dion Ingram (GU15)	12:41		Danielle MacDermid (GU15)	13:06
	Rebecca Saxby (FU17)	12:02		Elle Henderson (GU15)	12:49		Hannah George (FU17)	13:05
13	Kilbarchan AAC B	00:34:27	33	Edinburgh AC D	00:37:08	53	Shettleston Harriers	00:39:13
	Eilidh Gibson (GU13)	11:35		Beth Morrow (GU13)	12:13		Morgan Hannah (GU13)	13:02
	Rona Tytler (GU15)	11:44		Belinda Neilson (GU15)	12:55		Gaia Salandini (GU15)	13:26
	Jemma Reekie (FU17)	11:08		Amy Armstrong (FU17)	12:00		Natasha Z Mackay (GU15)	12:45
14	Pitreavie AAC	00:34:33	34	Giffnock North AAC H	00:37:08	54	Clydesdale Harriers	00:39:25
	Jenny Gillanders (GU13)	11:35		Lisa Miller (GU13)	11:42		Jade Steele-Milne (GU13)	12:58
	Iona Crawford (GU15)	11:23		Emma Chamberlain (GU13)	12:24		Iona Allan (GU15)	12:49
	Leah Davie (FU17)	11:35		Sarah Chamberlain (GU15)	13:02		Emily Paxton (FU17)	13:38
15	Edinburgh AC B	00:34:41	35	Cumbernauld AAC	00:37:25	55	Law & District AAC B	00:39:30
	Beatrice Winkler (GU13)	11:15		Lucy Marshall (GU13)	12:41		Zara Higgins (GU13)	12:49
	Ishbel Strathdee (GU15)	12:01		Tegan Kerr (GU15)	12:07		Caitlin Thomson (GU13)	13:30
	Esme Stewart (FU17)	11:25		Sophie Crimmin (GU15)	12:37		Ruth Currie (GU15)	13:11
16	Lasswade AAC	00:34:46	36	Helensburgh AAC	00:37:26	56	Dundee Hawkhill Harriers	00:39:34
	Katy Martin (GU13)	13:12		Charlie Bridges (GU13)	12:56		Carmen Thomson (GU13)	14:02
	Sarah Tait (GU15)	10:53		Jessica Noble (GU15)	12:40		Shania King (GU15)	13:23
	Lauren Dickson (GU15)	10:41		Melissa Robinson (FU17)	11:50		Maddie Owen (GU15)	12:09
17	Edinburgh AC C	00:34:57	37	Inverclyde AC B	00:37:35	57	Kilmarnock H&AC	00:39:36
	Anna Jamieson (GU13)	11:26		Leah Cameron (GU13)	12:10		Leonie McCutcheon (GU13)	13:11
	Catherine Bough (GU15)	12:22		Gillian Carmichael (GU15)	12:26		Morgan Mcburnie (GU15)	12:06
	Morven Ferguson (FU17)	11:09		Sara O'Docherty (GU15)	12:59		Lauren Park (FU17)	14:19
18	Corstorphine AAC	00:35:03	38	Ayr Seaforth AC B	00:37:37	58	Greenock Glenpark B	00:39:49
	Katy Coats (GU13)	12:49		Charlotte McDowall (GU13)	12:51		Beth McKenna (GU13)	13:39
	Jessica MacLeod (GU15)	11:20		India Birrell (GU15)	12:19		Megan Rogers (GU15)	13:00
	Hannah Addison (FU17)	10:54		Lisa Rennie (FU17)	12:27		Lauren Mulaghton (FU17)	13:10
19	Pitreavie AAC B	00:35:20	39	Central AC B	00:37:40	59	Helensburgh AAC B	00:40:07
	Sarah Coutts (GU13)	11:18		Kyra Gibb (GU13)	12:11		Katie Flett (GU13)	13:59
	Ciara Bowman (GU15)	12:12		Heather Scott (GU15)	11:40		Chloe Murphy (GU15)	13:37
	Sophie Telfer (GU15)	11:50		Jodie Currie (FU17)	13:49		Kara Bruce (GU15)	12:31
20	Kilbarchan AAC C	00:35:41	40	Giffnock North AAC F	00:37:47	60	Corstorphine AAC B	00:40:11
	Kimberley Gilchrist (GU13)	12:33		Francesca Davidson (GU13)	11:25		Hannah McAlpine (GU13)	14:34
	Katharine McGinn (GU15)	11:41		Fern Conway (GU15)	12:45		Heidi Ross (GU15)	13:03
	Rebecca Louise Craig (FU17)	11:27		Rebekah Hemmingsley (FU17)	13:37		Jessica Craig (FU17)	12:34

61 Motherwell AC B	00:40:17	68 Ron Hill Cambuslang Harriers	00:42:01	75 Teviotdale Harriers	00:43:09
Rachael Knox (GU13)	13:57	Lauren McEwan (GU13)	13:48	Carly Blaikie (GU13)	14:23
Zoe Hawkins (GU13)	13:43	Katie Moss (GU15)	14:56	Lucy Ash (GU13)	15:40
Kirsty Irwin (FU17)	12:37	Olivia Mulholland (GU15)	13:17	Ishbel Inglis (GU15)	13:06
62 Inverclyde AC C	00:40:21	69 Clydesdale Harriers B	00:42:06	76 Ayr Seaforth AC E	00:43:30
Hannah McGeehan (GU13)	12:34	Anna McCracken (GU13)	14:12	Rosie Davidson (GU13)	13:15
Nyah Gillan (GU13)	13:52	Natasha Shaw (GU15)	14:21	Alison King (GU15)	14:42
Samantha Dunning (GU15)	13:55	Charlotte Ross (FU17)	13:33	Rebecca Martin (FU17)	15:33
63 Aberdeen AAC B	00:40:29	70 Falkirk Victoria Harriers C	00:42:08	77 VP-Glasgow AC F	00:43:40
Laura McNeill (GU13)	11:59	Shannon McAleer (GU13)	15:25	Grace Hamilton (GU13)	13:15
Laurie Allardes (GU15)	14:04	Rhona Milne (GU15)	14:04	Jessica Cinnamond (GU15)	14:25
Kirsteen MacKay (FU17)	14:26	Katie McGonigal (GU15)	12:39	Jenna Boyd (GU15)	16:00
64 Law & District AAC C	00:40:40	71 Ayr Seaforth AC F	00:42:11	78 Lothian Running Club	00:44:47
Lorna Jackson (GU13)	13:00	Sophie McKay (GU13)	13:17	Nicole Dredge (GU13)	12:55
Rachel Donnelly (GU13)	13:29	Emma Palmer (GU13)	14:45	Natalie Miller (GU13)	15:51
Mirran Struthers (GU15)	14:11	Courtney McCorkell (GU15)	14:09	Bethany Nelson (FU17)	16:01
65 Kirkintilloch Olympians C	00:40:41	72 Law & District AAC D	00:42:52	79 Calderglen Harriers	00:49:05
Alex Dow (GU15)	13:31	Katie Foss (GU13)	14:00	Lucy Saez (GU13)	16:36
Meg Tomkins (GU15)	14:35	Clara Scullion (GU13)	14:40	Megan Anderson (GU15)	15:01
Victoria Robertson (FU17)	12:35	Pamela McNicol (FU17)	14:12	Morgan Beaton (FU17)	17:28
66 Giffnock North AAC J	00:41:18	73 Cumbernauld AAC B	00:43:06		
Megan Keith (GU13)	14:24	Hannah Wallace (GU13)	13:41		
Jenny Dougall (GU13)	12:37	Emma Brown (GU15)	15:09		
Rachel Storey (FU17)	14:17	Emma Balfour (FU17)	14:16		
67 VP-Glasgow AC E	00:41:37	74 Dundee Hawkhill Harriers C	00:43:09		
Abbie Leanord (GU13)	13:12	Kirsty Irving (GU13)	16:08		
Eilidh Boyd (GU15)	14:31	Emily Harrower (GU15)	13:25		
Kirsty Boyd (GU15)	13:54	Isabel Remers (FU17)	13:36		

INCOMPLETE TEAMS

Ayr Seaforth AC D	00:27:04	Cumbernauld AAC C	00:28:37	Shettleston Harriers B	00:14:02
Kelly Cunningham (GU13)	13:03	Aimie Hendry (GU13)	14:38	Kaitlin Mackay (GU13)	14:02
Beth Littlejohn (GU15)	14:01	Emily McMahon (GU15)	13:59		
Giffnock North AAC K	00:27:20	Ron Hill Cambuslang Harriers B	00:28:37	East Kilbride A.C. B	00:14:26
Hannah Miller (GU13)	12:49	Brooke Nicol (GU13)	14:08	Rebekah Sykes (GU13)	14:26
Nicole Ewing (FU17)	14:31	Charlotte Moss (GU15)	14:29		
Pitreavie AAC C	00:27:27	Law & District AAC E	00:29:30	VP-Glasgow AC H	00:14:26
Jennifer Brydon (GU13)	13:14	Lauren Allen (GU13)	14:20	Cara McCauley (GU13)	14:26
Evie Coyle (GU15)	14:13	Alexandria Aitchison (GU13)	15:10		
Garscube Harriers B	00:27:57	Kirkintilloch Olympians D	00:32:25	Helensburgh AAC C	00:14:27
Alice Wilson (GU13)	15:07	Iona Smith (GU13)	14:41	Catie MacGillivray (GU13)	14:27
Sophie Lathan (GU15)	12:50	Jenna Baker (GU15)	17:44		
Ayr Seaforth AC G	00:28:25	Calderglen Harriers B	00:32:59	Central AC E	00:14:56
Emma McKay (GU13)	13:23	Haleigh Muir (GU13)	17:32	Lucy More (GU13)	14:56
Nadine Sturgeon (GU13)	15:02	Louise Brown (GU15)	15:27		
Ron Hill Cambuslang Harriers C	00:28:29	Cumbernauld AAC D	00:33:29	Teviotdale Harriers B	00:15:04
Brooke Silver (GU13)	13:50	Rachel Ross (GU13)	18:56	Macy Cropper (GU13)	15:04
Carey - Lee Conroy (GU15)	14:39	Lucy Winning (GU15)	14:33		
Pitreavie AAC D	00:28:31	Inverclyde AC D	00:12:46	VP-Glasgow AC G	00:15:22
Jemma Jamieson (GU13)	13:10	Georgia Morrison (GU13)	12:46	Grace Thompson (GU13)	15:22
Alana Sneddon (GU15)	15:21				
Kilmarnock H&AC B	00:28:32	Inverclyde AC E	00:13:13	Kilmarnock H&AC C	00:15:50
Erin Pastulovic (GU13)	13:56	Niamh Ramage (GU13)	13:13	Natalie Sharp (GU13)	15:50
Phoebe McCutcheon (GU13)	14:36	Clydesdale Harriers C	00:13:32	Greenock Glenpark C	00:17:00
		Rhianna McQuillan (GU13)	13:32	Lisa Hanlon (GU13)	17:00
				Springburn Harriers C	00:21:02
				Eilidh MacLeod (GU13)	21:02

1	Edinburgh AC	00:28:54	21	Giffnock North AAC C	00:31:07	41	Shettleston Harriers	00:32:34
	Tom Ireland (BU13)	10:20		Scott Jenkins (BU13)	11:00		Kasey Fraser (BU13)	11:15
	Michael Swinton (BU15)	09:37		Andrew Love (BU15)	09:52		Jamie Burns (BU15)	10:14
	Alex Carcas (MU17)	08:57		Euan Penrice (MU17)	10:15		Lewis Raeburn (BU15)	11:05
2	Kilbarchan AAC	00:29:17	22	Corstorphine AAC B	00:31:11	42	Fife AC C	00:32:37
	Jack Patton (BU13)	10:30		Thomas Ross (BU13)	10:57		Duncan Crawford (BU13)	12:11
	Andrew MacAngus (BU15)	09:46		Jonathan Jackson (BU15)	10:08		Euan Boyle (BU15)	09:53
	Euan Trout (MU17)	09:01		Samuel Galloway (MU17)	10:06		Sam Fernando (MU17)	10:33
3	Giffnock North AAC	00:29:25	23	Kilbarchan AAC D	00:31:15	43	Dundee Hawkhill Harriers C	00:32:45
	Hamish Armit (BU13)	09:59		Cameron Hunter (BU13)	11:28		Ryan George Donald (BU13)	11:42
	Michael Lowrie (BU15)	09:43		Cameron Corrigan (BU15)	09:53		Calum McCormack (MU17)	10:56
	Christopher Stewart (MU17)	09:43		Conor Thomson (MU17)	09:54		Matthew Tonner (MU17)	10:07
4	Ayr Seaforth AC	00:29:32	24	Glasgow School of Sport	00:31:18	44	Lasswade AAC B	00:32:45
	Scott Sprang (BU13)	10:07		Lewis Elliot (BU13)	10:52		Oliver Snoogress (BU13)	11:28
	Ross Nicolson (BU15)	10:07		Kipp McTavish (BU13)	10:29		Jamie Darling (BU15)	10:41
	Fraser Stirling (MU17)	09:18		Paul Harper (MU17)	09:57		Kyle A Mackenzie (MU17)	10:36
5	Ron Hill Cambuslang Harriers	00:29:37	25	Central AC	00:31:25	45	Lasswade AAC C	00:32:45
	Christopher McLew (BU13)	10:16		Comhnall Ferguson (BU13)	11:31		Rory Ferguson (BU13)	11:39
	Struan Paton (BU15)	09:40		Keir Howlieson (BU15)	10:39		Thomas Snodgrass (BU15)	10:54
	Scott Somerville (MU17)	09:41		Jack Kerr (MU17)	09:15		Matthew Smith (MU17)	10:12
6	Fife AC	00:29:56	26	Garscube Harriers	00:31:32	46	Banchory Stonehaven AC	00:32:53
	Gavin McWhinnie (BU13)	11:00		Elliot Duff (BU13)	10:20		Josh Benton (BU13)	11:01
	Adam Scott (BU15)	09:19		Arun Smith (BU15)	10:23		Joseph Wright (BU15)	11:22
	Tristan Rees (MU17)	09:37		Cody Stevenson (BU15)	10:49		Ewan McMillan (MU17)	10:30
7	Edinburgh AC B	00:30:05	27	Lasswade AAC	00:31:40	47	Giffnock North AAC F	00:32:56
	Hugh Morrow (BU13)	10:31		Kurt Robertson (BU13)	11:50		Murray Fotheringham (BU13)	11:33
	Ross Allan (BU15)	10:12		Magnus Tait (BU15)	10:09		Nicholas Boyle (BU15)	10:35
	Josh Kerr (MU17)	09:22		Cameron Steven (MU17)	09:41		Calum Marney (MU17)	10:48
8	Corstorphine AAC	00:30:08	28	Gala Harriers	00:31:41	48	Central AC C	00:33:00
	David Addison (BU13)	10:04		Kieran Bryson (BU13)	11:43		Daniel Bruce (BU13)	11:56
	Steven Addison (BU15)	10:18		James Logan (BU15)	10:33		Sandy Holl (BU15)	11:16
	Anthony Addison (MU17)	09:46		Gavin Bryson (MU17)	09:25		Bradley Scott (MU17)	09:48
9	Giffnock North AAC B	00:30:30	29	Dundee Hawkhill Harriers	00:31:43	49	Central AC B	00:33:05
	Jack Bell (BU13)	10:55		Aidan Simpson (BU13)	11:10		Finlay Penderis (BU13)	12:24
	Joseph Lowrie (BU15)	09:52		David Begg (BU15)	10:49		Tom Graham-Marr (BU15)	11:16
	Oliver Watson-Sweeney (MU17)	09:43		James Donald (MU17)	09:44		Iain Davies (MU17)	09:25
10	Inverclyde AC	00:30:31	30	Giffnock North AAC D	00:31:59	50	Corstorphine AAC C	00:33:06
	Josh Law (BU13)	11:46		James Dolan (BU13)	11:24		Charlie Cameron (BU13)	11:45
	Ryan Gray (BU15)	09:18		Harry Nimmo (BU15)	10:05		Finlay Ross (BU15)	10:31
	Ross Forbes (MU17)	09:27		Kalil Shahid (MU17)	10:30		Calum Mackay (MU17)	10:50
11	Kilbarchan AAC C	00:30:36	31	Law & District	00:32:13	51	Pitreavie AAC B	00:33:13
	David McNair (BU13)	10:48		Matthew Gillon (BU13)	11:49		Lewis Dow (BU13)	11:47
	Jake Scott (BU15)	10:15		James Gillon (BU15)	10:56		Ben Grant (BU15)	10:18
	Scott McLardie (MU17)	09:33		Gregor Gillespie (MU17)	09:28		Corey Smith (MU17)	11:08
12	Falkirk Victoria Harriers	00:30:46	32	Edinburgh AC D	00:32:18	52	Kilbarchan AAC F	00:33:19
	Cameron Taylor-Cameron (BU13)	11:06		Fabian Despinoy (BU13)	11:24		Ruhdari Johnson (BU13)	11:42
	Lewis Pentecost (BU15)	10:04		Alex Bates (BU15)	10:44		Michael Simson (BU15)	10:32
	Matthew Stevenson (MU17)	09:36		Paul Ireland (MU17)	10:10		Fraser Auld (MU17)	11:05
13	Edinburgh AC C	00:30:48	33	Dundee Hawkhill Harriers B	00:32:20	53	Pitreavie AAC C	00:33:22
	Luca librizzi (BU13)	11:30		Blair Scott (BU13)	11:32		Euan Johnston (BU13)	11:29
	Freddie Carcas (BU15)	10:06		Jack Anderson (BU15)	10:55		Alex Johnston (BU15)	10:35
	Joseph Arthur (MU17)	09:12		Andrew Merry (MU17)	09:53		Andrew McNair (MU17)	11:18
14	Cumbernauld AAC	00:30:49	34	Kilbarchan AAC E	00:32:22	54	Central AC D	00:33:24
	Calum Little (BU13)	10:37		Scott Irvine (BU13)	11:34		Cameron Fraser (BU13)	12:48
	Hamish Coutts (BU15)	10:47		Craig Kennedy (BU15)	10:12		Craig Palmer (BU15)	10:58
	Cameron Richardson (MU17)	09:25		James Toal (BU15)	10:36		Cameron Harris (MU17)	09:38
15	Ron Hill Cambuslang Harriers B	00:30:51	35	VP-Glasgow AC B	00:32:22	55	Inverclyde AC B	00:33:25
	Ruairidh MacGregor (BU13)	10:51		Jack MacKinnon (BU13)	12:23		Andrew Winter (BU13)	12:58
	Ryan Stephen (BU15)	10:16		Andrew Moreland (BU15)	10:15		Cameron Watson (BU15)	10:01
	Keir Morton (MU17)	09:44		Robbie Barr (MU17)	09:44		Matthew MacKinnon (MU17)	10:26
16	Pitreavie AAC	00:30:52	36	East Kilbride A.C.	00:32:23	56	Gala Harriers C	00:33:26
	Lewis Blair (BU13)	10:58		Elliot Bain (BU13)	11:31		Corri Campbell (BU15)	13:03
	James Adam (BU15)	10:04		Owen Selfridge (BU13)	11:19		Inness Campbell (BU13)	10:40
	Tyler White (MU17)	09:50		Aidan Gilbride (MU17)	09:33		Jason McIntosh (MU17)	09:43
17	Ayr Seaforth AC B	00:30:55	37	Ron Hill Cambuslang Harriers C	00:32:26	57	Helensburgh AAC	00:33:26
	Logan Cotter (BU13)	11:02		Keir Crawford (BU13)	11:25		Keir Lang (BU13)	12:03
	Lewis Ross (BU15)	10:10		Drew Pollock (BU15)	10:51		Finlay Gray (BU15)	10:40
	Rhys Sim (MU17)	09:43		Gavin Smith (MU17)	10:10		Joe Barton (MU17)	10:43
18	VP-Glasgow AC	00:30:55	38	Garscube Harriers B	00:32:29	58	Motherwell AC B	00:33:26
	Blayne Wright (BU13)	11:07		Jack Trainer (BU13)	10:49		Mark Hunter (BU13)	13:10
	Lewis Priest (BU15)	10:16		Jack Cuthbertson (BU15)	10:33		Ryan Donnelly (BU15)	10:17
	Jamie MacKinnon (MU17)	09:32		Darren McGowan (MU17)	11:07		Daniel Martin (MU17)	09:59
19	Kilbarchan AAC B	00:30:57	39	Kirkintilloch Olympians	00:32:29	59	Aberdeen AAC	00:33:30
	Niall MacLean (BU13)	10:36		Dylan Elliott (BU13)	10:37		Ross Stone (BU13)	12:39
	Josh Hendry (BU15)	10:51		Luke McCaffrey (BU15)	10:46		Craig Smith (BU15)	10:33
	Euan McKerral (MU17)	09:30		Aidan McCaffrey (MU17)	11:06		Aaron Odentz (MU17)	10:18
20	Fife AC B	00:30:58	40	Giffnock North AAC E	00:32:30	60	Fife AC D	00:33:32
	Iain McWhinnie (BU13)	11:20		Ethan Carolan (BU13)	11:10		Peter Scott (BU13)	11:51
	George Rees (BU15)	09:44		Jamie Sturrock (BU15)	09:56		Craig Morris (BU15)	10:49
	Gregor Malcolm (MU17)	09:54		Florian Wiese (MU17)	11:24		Jamie Ingledew (MU17)	10:52

61 Greenock Glenpark	00:34:13	73 Falkirk Victoria Harriers B	00:34:50	85 Shettleston Harriers B	00:36:25
Alan Mollins (BU13)	11:44	Muharrem Dilek (BU13)	12:01	Ethan Wilson (BU13)	11:53
Ryan Brown (BU15)	11:51	Harris Pentecost (BU15)	10:54	Jordan Dolan (BU15)	12:50
Nathan Robinson (MU17)	10:38	Scott McIntyre (MU17)	11:55	Daniel Muir (BU15)	11:42
62 VP-Glasgow AC C	00:34:14	74 Cumbernauld AAC C	00:35:04	86 Central AC F	00:36:27
Niall Macdonald (BU13)	13:11	Arran Kennedy (BU13)	11:59	James Curry (BU13)	13:29
Adam Brady (BU15)	10:43	Sean Kennedy (BU15)	11:40	Michael Hewitt (BU15)	11:47
Max Milarvie (MU17)	10:20	Lewis Brown (MU17)	11:25	Campbell McNicol (MU17)	11:11
63 Clydesdale Harriers	00:34:17	75 Teviotdale Harriers	00:35:09	87 Kirkintilloch Olympians B	00:37:52
Jack Dolan (BU13)	12:13	Jai Patterson (BU13)	12:05	Ross Hamilton (BU13)	12:45
Robert Whittick (BU13)	11:16	Fraser Clyne (BU13)	11:19	Harry Lamond (BU15)	12:18
Brian Aird (MU17)	10:48	Jamie Waugh (BU15)	11:45	James Chandler (M17)	12:49
64 Cumbernauld AAC B	00:34:17	76 Corstorphine AAC D	00:35:18	88 Giffnock North AAC J	00:38:06
Alasdair McMonagle (BU13)	11:01	Fergus Campbell (BU13)	12:39	Eoghan O'Donnell (BU13)	11:29
Connor Richardson (BU15)	12:05	Forbes Jackson (BU15)	10:40	Donald Maclean (BU13)	13:25
Fraser Gallagher (MU17)	11:11	Callum Campbell (MU17)	11:59	Adam Deeney (BU13)	13:12
65 Motherwell AC	00:34:19	77 Ron Hill Cambuslang Harriers D	00:35:21	89 Clydesdale Harriers C	00:38:20
Josh Cameron (BU13)	13:32	Max Monteith (BU13)	12:02	Stuart Aird (BU13)	12:57
Luke Poutney (BU15)	10:37	Eamon Carr (BU15)	12:00	Michael Dunn (BU15)	12:37
Owen Leach (MU17)	10:10	Lewis Tracey (BU15)	11:19	Darren Dolan (MU17)	12:46
66 Perth Strathtay Harriers	00:34:21	78 Law & District B	00:35:25	90 Clydesdale Harriers B	00:38:28
Gregor Ryan (BU13)	11:53	David McCormack (BU13)	13:32	Cairn Wallace (BU13)	12:42
Benjamin Wightman (BU15)	12:58	Adam Kelly (BU15)	10:50	Ronan Ross (BU15)	13:43
Ben Greenwood (MU17)	09:30	Ben Fountain (MU17)	11:03	Philip Allan (MU17)	12:03
67 Central AC G	00:34:24	79 Giffnock North AAC H	00:35:46	91 Perth Strathtay Harriers B	00:39:22
Ben Angus Hughes (BU13)	12:48	Christopher Watson-Sweeney (BU13)	12:13	Benjamin Roberts (BU13)	15:10
Matthew Chandler (BU15)	10:00	Austin Thomson (BU13)	12:47	Jacob Howgate (BU15)	14:22
Kalim McDonagh (MU17)	11:36	Lewis Bond (BU15)	11:32	Sol Sweeney (MU17)	09:50
68 Gala Harriers B	00:34:28	80 Central AC E	00:35:49	92 Clydesdale Harriers D	00:39:48
Ryan Goudie (BU13)	13:03	David Cunningham (BU13)	12:11	Luke Lindup (BU13)	13:32
Yousuf Khursheed (BU15)	11:56	Anthony Eckersley (BU15)	13:27	Stephen Kane (BU15)	13:05
Thomas Otton (MU17)	09:29	Euan Brownlie (MU17)	10:11	Lewis Hay (MU17)	13:11
69 Kilmarnock H&AC	00:34:29	81 Cumbernauld AAC D	00:35:57	93 Motherwell AC C	00:39:59
Jonathan Houson (BU13)	11:09	Calum Pettigrew-Smith (BU13)	12:38	Liam Pountney (BU13)	15:20
Scott Caldwell (BU15)	10:50	Lewis Wallace (BU15)	12:23	David Wallace (BU15)	12:26
Ryan Devlin (MU17)	12:30	Daniel Winning (MU17)	10:56	Adam Laird (MU17)	12:13
70 Ayr Seaforth AC C	00:34:41	82 Ayr Seaforth AC D	00:35:59	94 Kirkintilloch Olympians C	00:41:45
Joshua Cooke (BU13)	11:34	Patrick Smiley (BU13)	11:48	Calum McGregor (BU13)	14:24
Greig Oakley (BU13)	11:31	Blair Smillie (BU15)	11:44	Liam Casey (BU13)	14:54
Daniel Martin (BU15)	11:36	Steven Martin (BU15)	12:27	Daniel Reilly (BU15)	12:27
71 East Kilbride A.C. B	00:34:41	83 East Kilbride A.C. C	00:36:11		
Thomas McCourt (BU13)	12:15	Hamish Anderson (BU13)	12:54		
David McGiven (BU13)	12:27	Matthew Kirwan (BU15)	12:11		
Martin Lynas (MU17)	09:59	Amit Kumar (MU17)	11:06		
72 Giffnock North AAC G	00:34:46	84 Giffnock North AAC I	00:36:15		
Andrew Robertson (BU13)	11:37	Corey Greenhalgh (BU13)	11:35		
Euan Chalmers (BU13)	12:03	Jamie Stewart (BU13)	12:21		
Ben Shaw (BU15)	11:06	Fraser Ross (MU17)	12:19		

INCOMPLETE TEAMS

Inverclyde AC C	00:23:29	Ayr Seaforth AC E	00:25:47	Garscube Harriers E	00:11:44
Ross Davidson (BU13)	12:49	Max McLean (BU13)	13:33	James Cathro (BU13)	11:44
Sammy Hearl (BU15)	10:40	Aidan Copland (BU15)	12:14		
East Kilbride A.C. D	00:23:34	Greenock Glenpark C	00:25:49	Garscube Harriers D	00:12:10
Ewan Barrie (BU13)	12:21	Ewan Ferguson (BU13)	12:38	Stuart Reid (BU13)	12:10
Joseph Hagan (BU13)	11:13	Jonathan Slater (BU15)	13:11		
Kilbarchan AAC G	00:24:07	Calderglen Harriers	00:26:13	Falkirk Victoria Harriers C	00:12:14
Finn Fowler (BU13)	13:30	Marc McQuade (BU13)	12:39	Leo Weldon (BU13)	12:14
Jordan Gilchrist (BU15)	10:37	Jack MacBain (BU15)	13:34		
Greenock Glenpark B	00:24:48	Cumbernauld AAC E	00:28:37	Inverclyde AC D	00:12:31
Jack McDaid (BU13)	12:44	Euan Munro (B13)	14:31	Jack Stuart (BU13)	12:31
Joshua Ruddy (BU15)	12:04	James Holland (BU15)	14:06		
Helensburgh AAC B	00:24:52	Springburn Harriers C	00:28:48	Clydesdale Harriers E	00:12:37
Calum MacGillivray (BU13)	11:58	Connor Gilmour (BU13)	11:47	Evan Currie (BU13)	12:37
Michael Miller (BU15)	12:54	Millar Wilson (BU13)	17:01		
Falkirk Victoria Harriers D	00:25:17	Springburn Harriers F	00:31:31	Kilbarchan AAC I	00:12:42
Kane Elliott (BU13)	11:27	Connor Emordy (BU13)	15:01	Harry Orr (BU13)	12:42
Cameron Miller (BU15)	13:50	Pat Callary (BU13)	16:30		
Ron Hill Cambuslang Harriers F	00:25:23	Springburn Harriers D	00:31:37	Falkirk Victoria Harriers E	00:13:02
Adam Welsh (BU13)	12:48	Kieran Ballard (BU13)	15:12	Lewis Anderson (BU13)	13:02
Arron Grew (BU13)	12:35	Stephen Emordy (BU13)	16:25		
Ron Hill Cambuslang Harriers E	00:25:24	Glasgow School of Sport B	00:10:43	Teviotdale Harriers B	00:14:26
Aaron Lonie (BU13)	12:54	Gary McPake (BU13)	10:43	Johnlee Elder (BU13)	14:26
James Duffy (BU15)	12:30				
		Garscube Harriers C	00:11:24	Springburn Harriers E	00:15:01
		Mackenzie Haldane (BU13)	11:24	Ben Atkin (BU13)	15:01
				Cumbernauld AAC F	00:15:49
				Ross Govan (BU13)	15:49

1 Central AC	00:45:55		20 Hunters Bog Trotters C	00:52:08		39 Central AC B	00:58:54
Kathryn Gillespie (FU20)	15:32		Rachel Smithwaite (F Sen)	16:18		Dawn Kerr (F Sen)	21:57
Jennifer Emsley (F Sen)	15:38		Claire Gordon (F Sen)	19:29		Amy Hendry (FU20)	19:25
Morag MacLarty (F Sen)	14:45		Ellis McKechnie (F Sen)	16:21		Catrina Welsh (F Sen)	17:32
2 Edinburgh AC	00:46:59		21 Dumbarton AAC	00:52:12		40 Kilbarchan AAC C	00:59:09
Laura Dunn (F Sen)	16:08		Melissa Wylie (F45)	16:34		Ruth Johnstone (F Sen)	20:25
Rachael Dunn (FU20)	16:00		Charlene Kelly (F Sen)	18:04		Leanne Hamilton (F Sen)	17:48
Madeleine Murray (F Sen)	14:51		Lynsey Lennox (F Sen)	17:34		Siobhan Inglis (F Sen)	20:56
3 Edinburgh Univ Hare & Hounds	00:47:05		22 Edinburgh Univ Hare & Hounds C	00:52:31		41 Portobello Running Club	00:59:09
Rhona Auckland (F Sen)	14:25		Amy Frankland (FU20)	17:14		Jenni Owens (F Sen)	21:15
Georgia Tindley (F Sen)	16:26		Annie Carroll (F Sen)	17:01		Stephanie McDowall (F Sen)	17:39
Mhairi MacLennan (FU20)	16:14		Millie Woodrow (F Sen)	18:16			
4 Hunters Bog Trotters	00:47:08		23 Metro Aberdeen Running Club	00:52:53		42 Hunters Bog Trotters D	00:59:41
Tessa Hill (F Sen)	15:45		Fiona Rudkin (F Sen)	15:48		Kara Tar (F Sen)	20:01
Shona McIntosh (F Sen)	16:08		Kayleigh Jarrett (F Sen)	17:33		Rebecca Croney (F Sen)	19:49
Rosie Smith (F Sen)	15:15		Claire Barrie (F Sen)	19:32		Carrie Craig (F Sen)	19:51
5 Fife AC	00:47:35		24 Edinburgh AC D	00:53:27		43 Bellahouston Road Runners B	00:59:58
Jenny Tan (F Sen)	16:11		Karla Borland (F Sen)	17:29		Rose McRobert (F40)	19:55
Helen Sharpe (F Sen)	15:30		Emily Strathdee (FU20)	17:59		Carla Ward (F Sen)	20:11
Megan Crawford (F Sen)	15:54		Mairi Blankenstein (F Sen)	17:59		Julia McDonald (F Sen)	19:52
6 Edinburgh AC B	00:48:52		25 Motherwell AC	00:54:14		44 Westerlands XC Club B	01:00:39
Emma Dunnett (FU20)	16:29		Joanne Clark (F40)	17:42		Catrina Fisher (F Sen)	18:04
Gillian Palmer (F Sen)	15:50		Emma Stevenson (F Sen)	18:19		Gaynor Gillespie (F45)	20:50
Amanda Woodrow (F Sen)	16:33		Clare Hughes (F Sen)	18:13		Sharon Taylor (F50)	21:45
7 Kilbarchan AAC	00:49:05		26 Corstorphine AAC	00:54:51		45 Greenock Glenpark	01:00:44
Christina Rankin (F Sen)	15:54		Laura Forrester (F Sen)	18:58		Suzanne Coyle (F Sen)	19:51
Maica Rodriguez (F Sen)	16:33		Susan Johnston (F45)	18:07		Donna Clark (F Sen)	20:20
Natalie Sharp (F Sen)	16:38		Gillian Carr (F Sen)	17:46		Gillian Forrest (F40)	20:33
8 Lothian Running Club	00:49:36		27 Gala Harriers C	00:54:59		46 Glasgow University H and H C	01:01:33
Jo Williams (F Sen)	16:22		Kirstin Maxwell (F Sen)	16:13		Christine Deng (F Sen)	21:11
Yvonne Crilly (F50)	17:46		Nicola Porterfield (F Sen)	18:24		Mairi Gilmour (FU20)	20:01
Edel Mooney (F Sen)	15:28		Eileen Maxwell (F50)	20:22		Penny Timms (F Sen)	20:21
9 Ron Hill Cambuslang Harriers	00:49:39		28 Westerlands XC Club	00:56:04		47 Inverclyde AC B	01:01:43
Alexandra Lamond (F Sen)	17:01		Deborah Stokoe (F Sen)	17:04		Chloe Simpson (FU20)	17:36
Eve MacKinnon (FU20)	16:11		Joda Quigley (F Sen)	18:49		Teresa Watson (F Sen)	21:10
Katie Bristow (F Sen)	16:27		Elizabeth Adams (F Sen)	20:11		Kim Law (F Sen)	22:57
10 Aberdeen AAC	00:49:46		29 Bellahouston Harriers B	00:56:17		48 Bellahouston Harriers C	01:02:04
Gemma Cormack (F Sen)	15:58		Susan MacRitchie (F Sen)	18:10		Katherine Hylands (F Sen)	19:04
Emma Rice (F Sen)	16:45		Caroline Cochran (F Sen)	19:00		Angela Campbell (F Sen)	21:38
Ellie Buchan (F Sen)	17:03		Kristina Greig (F Sen)	19:07		Suzanne Boyle (F Sen)	21:22
11 Kilbarchan AAC B	00:50:07		30 Bellahouston Road Runners	00:56:19		49 Law & District AAC	01:02:13
Cara Sloss (F Sen)	16:20		Elsie Downham (F Sen)	18:36		Hilary McGrath (F50)	17:06
Elaine Eadie (F Sen)	17:23		Christine Little (F Sen)	19:38		Margaret Newell (FU20)	23:35
Sarah Dempsey (FU20)	16:24		Louise Ross (F Sen)	18:05		Hannah Stark (FU20)	21:32
12 Fife AC B	00:50:10		31 Kilmarnock H&AC	00:56:26		50 Garscube Harriers C	01:02:46
Sophie Mullins (F Sen)	16:33		Lindsay McMahon (F40)	17:13		Marian Kelly (F Sen)	18:57
Katie Jones (F Sen)	16:36		Paula Wilson (F45)	19:57		Morag Casey (F40)	21:03
Amie McKimmie (F Sen)	17:01		Bethany Ross (F Sen)	19:16		Isobel Martin (F45)	22:46
13 Shettleston Harriers	00:50:21		32 Glasgow University H and H B	00:56:54		51 Bellahouston Harriers D	01:05:16
Shona Robertson (F40)	16:40		Lisa Christy (FU20)	18:21		Angela Carson (F45)	21:33
Stella Winters (FU20)	17:09		Katrina Ballantyne (F Sen)	19:03		Vicki Hopewell (F Sen)	22:29
Carole Setchell (F Sen)	16:32		Orla Chapman (F Sen)	19:30		Katy Smith (F40)	21:14
14 Inverclyde AC	00:50:22		33 Edinburgh AC E	00:57:12		52 Falkirk Victoria Harriers B	01:05:29
Nynke Mulholland (F Sen)	17:17		Elaine Davies (F40)	19:26		Nicola Flynn (F40)	20:00
Sharon Muir (F Sen)	16:54		Fiona Hegarty (F Sen)	18:55		Claire Barr (FU20)	23:27
Julie Gordon (F Sen)	16:11		Anne Peat (F45)	18:51		Alison Marven (F40)	22:02
15 Edinburgh Univ Hare & Hounds B	00:50:26		34 Ochil Hill Runners	00:57:17		53 Greenock Glenpark C	01:06:53
Stephanie Pennycook (FU20)	16:16		Karen Kealey (F40)	18:08		Kirstin Arthur (F Sen)	22:05
Sarah Douglas (FU20)	16:57		Fiona Kelsall (F40)	19:31		Viki Wilkinson (F40)	22:09
Charlotte Watson (F Sen)	17:13		Alayne Finlay (F Sen)	19:38		Lisa Ruddy (F Sen)	22:39
16 Glasgow University H and H	00:50:36		35 Garscube Harriers B	00:57:45		54 Metro Aberdeen Running Club C	01:07:03
Skye Dick (F Sen)	17:50		Diane Clark (F Sen)	18:46		Alison Pirie (F Sen)	21:09
Laura Muir (F Sen)	15:12		Emma Blair (F Sen)	19:39		Valerie Wilson (F45)	20:55
Nicole Gruzczyn (F Sen)	17:34		Chloe McAdam (F Sen)	19:20		Sarah Styles (F Sen)	24:59
17 Garscube Harriers	00:50:41		36 Carnegie Harriers B	00:57:48		55 Hamilton Harriers	01:07:47
Catrina Graves (FU20)	16:02		Joanna Wilson (F Sen)	17:22		Cheryl McNulty (F Sen)	20:11
Charlotte Wilson (F Sen)	17:42		Karen Forsyth (F Sen)	21:27		Lyndsay Findlay (F Sen)	25:40
Laura Devine (F Sen)	16:57		Melanie Sinclair (F40)	18:59		Janette Clarkson (F45)	21:56
18 Edinburgh AC C	00:51:03		37 Helensburgh AAC	00:58:29		56 Helensburgh AAC B	01:11:52
Lauren Stoddart (F Sen)	16:19		Maria Dye (F45)	18:57		Fran Crumley (F Sen)	22:22
Nikki Gibson (F Sen)	17:30		Laura Johnstone (F Sen)	19:55		Janet Fellowes (F55)	20:54
Hannah Waugh (F Sen)	17:14		Rebecca Beale (F Sen)	19:37		Allison Halvorson (F45)	28:36
19 University of St Andrews CC	00:52:03		38 Metro Aberdeen Running Club B	00:58:46			
Angela Richardson (F Sen)	17:04		Claire Smith (F40)	20:04			
Molly Pace (FU20)	18:32		Kirsty Robson (F40)	18:48			
Abigail Bender (F Sen)	16:27		Petra Hampton (F Sen)	19:54			

INCOMPLETE TEAMS

Springburn Harriers D 00:33:47

Michelle Sandison (F Sen) 15:48
Hannah Terrance (F Sen) 17:59

Fife AC C 00:34:56

Jennifer Kibble (F Sen) 17:03
Mhairi Boyle (FU20) 17:53

Falkirk Victoria Harriers 00:35:17

Julie Nimmo (FU20) 17:02
Lorna Kennedy (F Sen) 18:15

Helensburgh AAC C 00:38:40

Rebecca Parry (F Sen) 18:50
Helen Crooks (F Sen) 19:50

Bellahouston Harriers E 00:48:51

Rhona Martin (F Sen) 24:22
Emily Jackson (F Sen) 24:29

VP-Glasgow AC B 00:17:20

Donna Finlayson (F Sen) 17:20

VP-Glasgow AC 00:17:26

Claire Thompson (F Sen) 17:26

Aberdeen AAC B 00:17:42

Ellen Stickle (FU20) 17:42

Lothian Running Club B 00:18:19

Lana Turnbull (F Sen) 18:19

Edinburgh Univ Hare & Hounds D 00:19:07

Karolina Kivimäki (F Sen) 19:07

Shettleston Harriers B 00:19:19

Charlene McCallum (F Sen) 19:19

Clydesdale Harriers 00:20:54

Hylda Stewart (F55) 20:54

Teviotdale Harriers 00:22:56

Donna Inglis (F45) 22:56

Gala Harriers D 00:25:11

Shelagh King (F55) 25:11

Kilmarnock H&AC B 00:28:35

Janice Millar (F55) 28:35

1 Gala Harriers	00:52:52	6 Hunters Bog Trotters B	00:55:54	11 Carnegie Harriers D	01:00:33
Fiona Dalgleish (F40)	17:09	Sandra Rathjen (F40)	18:37	Kirsty Baird (F40)	19:31
Rachel Fagan (F40)	18:14	Zoe Kemp (F40)	20:39	Helena Sim (F50)	20:04
Kate Jenkins (F40)	17:29	Megan Wright (F40)	16:38	Samantha Newington (F40)	20:58
2 Edinburgh AC F	00:54:58	7 Gala Harriers B	00:56:57	12 Greenock Glenpark B	01:01:09
Jo Phillips (F40)	17:38	Anyia Campbell (F40)	17:58	Elizabeth McAuslan (F45)	20:49
Sharyn Ramage (F50)	18:58	Dawn Grant (F40)	20:07	Marian Monk (F40)	20:04
Karen Dobbie (F45)	18:22	Fiona Shepherd (F45)	18:52	Rhonda White (F40)	20:16
3 Kirkintilloch Olympians	00:55:24	8 Dundee Road Runners AC	00:58:41	13 Carnegie Harriers C	01:05:23
Anne Marie McGregor (F40)	18:16	Gillian Sangster (F40)	17:09	Alison Whyte (F45)	21:26
Annmarie McCaffrey (F45)	18:25	Gail Rattray (F 40)	22:15	Lesley Halstead (F45)	21:38
Elaine Hogg (F45)	18:43	Morag Taggart (F55)	19:17	Gillian McCracken (F45)	22:19
4 Bellahouston Harriers	00:55:34	9 Portobello Running Club B	00:59:39	14 Kirkintilloch Olympians C	01:05:32
Jennifer Clark (F 40)	17:59	Shery Johnston (F45)	21:18	Ausrine Ward (F Sen)	20:25
Erica Christie (F55)	18:33	Monica Flanagan (F40)	19:18	Vivien Fraser (F45)	22:03
Bernadette O'Neil (F45)	19:02	Fiona Wright (F40)	19:03	Sian Casey (F45)	23:04
5 Carnegie Harriers	00:55:41	10 Anster Haddies Running Club	01:00:24		
Fabienne Thompson (F45)	18:28	Pamela Cruickshanks (F50)	20:42		
Isobel Burnett (F55)	18:36	Elise Methven (F60)	19:13		
Gail Murdoch (F45)	18:37	Hazel Bradley (F60)	20:29		

INCOMPLETE TEAMS

Motherwell AC B	00:40:29
Phyllis Hands (F55)	20:18
Clare Barr (F45)	20:11

1 Central AC C	00:58:24	2 Giffnock North AAC	01:00:11	3 Kirkintilloch Olympians B	01:06:40
Patricia Milne (F50)	19:24	Hilary Millar (F50)	19:43	Marie McChord (F55)	19:32
Jane Waterhouse (F60)	19:57	Li Wang (F50)	19:32	Ada Stewart (F50)	22:50
Hazel Dean (F50)	19:03	Maureen McVey (F50)	20:56	Shirley MacNab (F50)	24:18

1 Central AC 00:51:41 Cameron Milne (M Sen) 13:40 Alexander Hendry (M Sen) 12:59 Scott McDonald (M Sen) 12:42 Andrew Butchart (M Sen) 12:20	17 Edinburgh Univ Hare & Hounds 00:58:15 Kyle McLellan (M Sen) 14:28 Matthew Rallison (M Sen) 15:10 James Thomas (MU20) 14:33 James Dunn (MU20) 14:04	33 Central AC C 01:01:32 Tom Watson (M Sen) 13:48 Will Hensman (M Sen) 15:25 Christopher Mchardy (M Sen) 15:25 Gordon Appelbe (M Sen) 16:54
2 Inverclyde AC 00:51:57 Jonathan Glen (MU20) 13:14 Andrew Douglas (M Sen) 13:08 Craig Ruddy (M Sen) 12:52 Dan Mulhare (M Sen) 12:43	18 East Kilbride A.C. 00:58:16 Jamie Clements (M Sen) 14:42 John Fergusson (M Sen) 14:01 Grant Baillie (M Sen) 14:17 Niall Walker (M Sen) 15:16	34 Aberdeen AAC B 01:01:50 Steven Murray (MU20) 14:44 Euan Webster (MU20) 15:13 Lukasz Czyzycki (M Sen) 15:48 Gareth Lake (M Sen) 16:05
3 Kilbarchan AAC 00:52:50 Robert Quinn (M 45) 13:55 Callum Hawkins (M Sen) 12:23 Euan Gillham (MU20) 13:11 Gavin McArdle (MU20) 13:21	19 VP-Glasgow AC 00:58:17 Marc Austin (M Sen) 13:44 Craig Jardine (MU20) 14:00 Kieron Rafferty (MU20) 14:46 Patrick Bowman (MU20) 15:47	35 Metro Aberdeen Running Club 01:02:07 Callum Walker (M Sen) 15:35 Ian McGregor (M Sen) 16:15 Alasdair MacMillan (M Sen) 15:13 Tom Brian (M Sen) 15:04
4 Shettleston Harriers 00:54:15 Lachlan Oates (M Sen) 12:51 Clement Eliot (M Sen) 14:12 Tewoldeberhan Mengisteab (M Sen) 13:06 Brian McGarrity (M Sen) 14:11	20 Garscube Harriers 00:58:24 Neale Robertson (M Sen) 14:04 Alan Blair (M Sen) 14:51 Christopher Devine (M Sen) 14:15 Andrew Robert Gibson (M Sen) 15:14	36 Motherwell AC 01:02:48 Nicholas Hughes (M Sen) 15:20 Craig Mackenzie (M Sen) 15:09 Scott Dickson (M Sen) 17:11 Luke McIlvenna (M Sen) 15:08
5 Corstorphine AAC 00:54:44 Dermot Cummins (M Sen) 13:21 Scott Pilkington (M Sen) 14:05 Dougie Selman (M Sen) 13:33 Keith Hood (M 40) 13:45	21 Glasgow University H and H 00:58:41 Alastair Thurlbeck (MU20) 13:52 Aishan Patil (MU20) 16:00 Grant Boyne (MU20) 14:20 Myles Bax (M Sen) 14:29	37 Clydesdale Harriers 01:02:54 James Austin (M 45) 15:30 Paul Carroll (M 45) 15:23 David Brown (M Sen) 16:06 Robert O'Neill (M Sen) 15:55
6 Ron Hill Cambuslang Harriers 00:54:45 Benjamin Hukins (M Sen) 13:33 Ryan Thomson (MU20) 14:07 Stuart Gibson (M Sen) 13:43 Robert Gilroy (M Sen) 13:22	22 Hunters Bog Trotters B 00:59:15 Ray Ward (M Sen) 14:23 Ewan Crawford (M Sen) 16:16 Michael Taylor (M Sen) 13:47 Dave Ward (M Sen) 14:49	38 Ron Hill Cambuslang Harriers C 01:03:16 John Ball (MU20) 15:43 George Pettit (M Sen) 15:32 Scott Hunter (M 40) 16:14 Michael O'Hagan (M 45) 15:47
7 Central AC B 00:54:55 Dale Colley (MU20) 13:40 Scott Green (M Sen) 13:35 Jamie Crowe (MU20) 13:55 Lewis Millar (M Sen) 13:45	23 Kilbarchan AAC B 00:59:21 Callum Matthews (MU20) 14:01 Graham Evans (M Sen) 14:32 Gary Downey (M Sen) 15:59 Tom Murray (MU20) 14:49	39 Law & District AAC B 01:03:28 Ross Hill (MU20) 15:40 Alex Hay (M 50) 16:26 Jonathan Kennedy (MU20) 15:51 Mark Hand (M 40) 15:31
8 Edinburgh AC C 00:55:32 Ruraidh Miller (M Sen) 13:51 James McIay (M Sen) 14:21 Adam Craig (MU20) 13:53 Andrew Lawler (MU20) 13:27	24 Law & District AAC 00:59:27 Luke Foss (MU20) 14:08 Jamie McMorro (M Sen) 15:06 Stephen Allen (M 45) 15:11 Darran Muir (M Sen) 15:02	40 Inverclyde AC C 01:03:49 Thomas Jamieson (M Sen) 14:59 Duncan Macfadyen (M 50) 15:17 Matthew Thomson (M Sen) 15:56 Gavin Morrison (M 45) 17:37
9 Aberdeen AAC 00:56:10 Michael Ferguson (MU20) 13:24 James Joy (M Sen) 13:58 Jordan Chapman (MU20) 14:35 Callum Symmons (MU20) 14:13	25 University of St Andrews CC 00:59:44 Robert Leach (MU20) 14:24 Chris Russell (M Sen) 15:05 Philip Wright (MU20) 15:05 Andrew Mitchell (M Sen) 15:10	41 Garscube Harriers B 01:03:55 John Bell (M 45) 14:55 Matthew O'Brien (MU20) 14:59 Daniel Burns (M Sen) 16:27 John McLaughlin (M 45) 17:34
10 Ron Hill Cambuslang Harriers B 00:56:11 Bobby Bristow (M Sen) 14:14 Iain MacCorquodale (M Sen) 13:49 Grant Sheldon (M Sen) 13:34 Gordon Robertson (M Sen) 14:34	26 Giffnock North AAC 00:59:53 Greg Turner (M Sen) 13:53 Colin Wylie (M 40) 16:36 Andrew Clark (MU20) 14:36 Chris Greenhalgh (M 40) 14:48	42 Giffnock North AAC B 01:03:57 Chris Marsh (M Sen) 16:03 Keir Geatrell (M Sen) 15:50 Jason Steele (M 40) 15:58 Luke Chamberlain (M 40) 16:06
11 Hunters Bog Trotters 00:56:12 Murray Strain (M Sen) 13:06 Hector Haines (M Sen) 14:05 Tomas Brdgeman (M Sen) 15:18 Patryk Gierjatowicz (M Sen) 13:43	27 Gala Harriers 01:00:14 Colin Welsh (M Sen) 16:01 Graeme Murdoch (M Sen) 14:25 Wayne McIntosh (M Sen) 15:19 Fergus Johnston (M Sen) 14:29	43 Bellahouston Harriers 01:04:09 Craig Lamont (M Sen) 15:40 Stuart Macdougall (M Sen) 16:48 Crispin Walsh (M 40) 15:30 Paul Clawson (M Sen) 16:11
12 Greenock Glenpark Harriers 00:56:19 Andrew Harkins (M Sen) 14:10 Stephen Trainer (M Sen) 13:32 Shaun Lyon (M Sen) 14:22 David Henderson (M Sen) 14:15	28 Corstorphine AAC C 01:00:38 Thomas Wilson (M Sen) 15:04 Christopher O'Brien (M Sen) 15:42 Alex Cumming (M Sen) 15:27 Calum McKenzie (M Sen) 14:25	44 Falkirk Victoria Harriers 01:04:27 John Brogan (M Sen) 14:51 Euan Martin (M Sen) 14:31 Craig Johnston (M 45) 17:54 Gary Munro (MU20) 17:11
13 Lothian Running Club 00:56:34 Max McNeill (M Sen) 13:27 Malcolm Lang (M Sen) 15:04 Colin Partridge (M Sen) 15:09 Scott Fraser (M Sen) 12:54	29 Bellahouston Road Runners 01:00:41 Craig Reid (M Sen) 14:50 Iain Burns (M Sen) 15:40 Graeme Paterson (M 40) 15:01 James Montgomery (M Sen) 15:10	45 Gala Harriers B 01:04:37 David Moffat (M 40) 15:50 Andrew Lawrie (M Sen) 15:29 Ian Maxwell (M 50) 16:56 Mark Bryson (M 45) 16:22
14 Corstorphine AAC B 00:56:38 Alastair Brockie (M Sen) 14:46 Howell Craske (M Sen) 13:39 Bryan Clark (M Sen) 14:03 Moray Anderson (M Sen) 14:10	30 Kilmarnock H&AC 01:01:08 Cameron Wilson (M Sen) 14:03 Neil Walker (M Sen) 15:20 James Wales (M Sen) 15:45 Scott Lyden (M Sen) 16:00	46 Corstorphine AAC F 01:04:41 Timothy Norwood (M Sen) 15:25 Alan Torgersen (M Sen) 16:01 Tom Ferrington (M Sen) 15:22 Nicholas Brown (M Sen) 17:53
15 Inverness Harriers AAC 00:57:24 Stephen Mackay (M Sen) 14:27 Andrew MacRae (M Sen) 14:50 Craig Campbell (MU20) 13:56 Donnie Macdonald (M Sen) 14:11	31 Westerlands XC Club 01:01:23 Brian Bonnyman (M 40) 14:48 Ian Thurlbeck (M 50) 16:07 Grant Thomson (M Sen) 15:15 John Denovan (M Sen) 15:13	47 Fife AC B 01:05:15 Ruwan Fernando (M 45) 17:45 Andrew Murphy (M Sen) 14:39 Roger Rees (M 45) 16:06 Daniel Newman (M 45) 16:45
16 Inverclyde AC B 00:57:44 Mark Pollard (M Sen) 13:49 Callum Hunter (MU20) 15:19 Greg Williams (MU20) 14:04 Michael Houston (MU20) 14:32	32 Edinburgh AC E 01:01:29 Malcolm Fraser (M Sen) 14:13 Adam Jack (M Sen) 16:12 Nicholas Wolverson (M Sen) 15:16 Keith Dunlop (M Sen) 15:48	48 Bellahouston Harriers B 01:05:54 David Reynolds (M Sen) 16:03 Michael Freshour (M 50) 17:30 Darren McQuade (M Sen) 16:07 Ruairidh Macdonald (M Sen) 16:14

49 Lothian Running Club B	01:06:04	60 Helensburgh AAC	01:08:28	71 Ron Hill Cambuslang Harriers D	01:15:18
Owen Williams (M Sen)	15:55	Euan Crumley (M Sen)	15:58	Iain Crawford (M 45)	18:54
Alan Moffat (M Sen)	16:45	Michael Sweeney (M Sen)	15:33	Stephen (jnr) Paris (M Sen)	17:09
Donald Shaw (M 40)	16:13	Campbell Fullarton (M Sen)	17:51	Daniel O'Connell (M 45)	19:55
Stewart Kerr (M40)	17:11	Colin Douglas (M 40)	19:06	James Healy (M 45)	19:20
50 Bellahouston Road Runners C	01:06:10	61 Greenock Glenpark Harriers F	01:08:35	72 Clydesdale Harriers C	01:15:25
Gordon Clements (M 40)	16:24	Liam Smart (M Sen)	16:27	Pete Cartwright (M 70)	18:52
Anthony McParland (M 45)	16:30	Ross Neilson (M Sen)	17:51	Ryan Nelson (M Sen)	17:55
Stewart Robertson (M Sen)	17:01	David Roberts (M Sen)	16:47	Dewar Stewart (M 50)	19:05
David Weatherhead (M Sen)	16:15	Alan O'Rourke (M 45)	17:30	Robert Young (M 70)	19:33
51 Ayr Seaforth AC	01:06:36	62 Glasgow University H and H B	01:08:38	73 Hunters Bog Trotters D	01:16:02
Kenneth Neill (M Sen)	14:31	Neil Wilson (M Sen)	16:52	Daniel Clements (M Sen)	13:32
Stuart McLean (M 40)	16:44	Adam Stark (M Sen)	16:32	Peter McClelland (M Sen)	17:20
Kevin Bloy (M 45)	17:26	Thomas Callan (M Sen)	15:03	Robin Thomas (M 55)	19:37
Peter Laing (M 50)	17:55	Ross Martin (M Sen)	20:11	Ian Marshall (M 65)	25:33
52 Edinburgh AC D	01:06:42	63 Clydesdale Harriers B	01:09:04	74 Corstorphine AAC G	01:16:50
David Sidebottom (M Sen)	15:42	Tony Dolan (MU20)	16:53	Keith Copland (M 45)	20:39
Paul Brennan (M Sen)	16:31	Ryan Savage (M Sen)	17:21	Cathal McCarthy (M Sen)	19:06
Argy Rizos (M 40)	15:32	Paul McKendry (M 50)	18:02	Iain Cumming (M 60)	18:26
Matthew Newnham (M 55)	18:57	Kevin Farmer (M Sen)	16:48	Shaun Cavens (M 50)	18:39
53 Hamilton Harriers	01:06:55	64 Springburn Harriers	01:09:19	75 Garscube Harriers D	01:17:02
Neil Robbins (M 50)	16:16	Anthony J M McGale (M 40)	17:38	Alistair Cuthbertson (M 45)	17:59
James Breen (M 45)	16:56	Matt Jackson (M Sen)	18:04	Tony Hall (M 65)	20:42
Neil Richardson (M 40)	17:10	Grant Cairns (M Sen)	16:58	Christopher Kilshaw (M Sen)	18:43
Thomas Watterson (M Sen)	16:33	Ross McEachern (M 45)	16:39	Kieran McLaughlin (M Sen)	19:38
54 Teviotdale Harriers	01:06:57	65 Garscube Harriers C	01:09:38	76 Hamilton Harriers C	01:17:29
Rory Anderson (M Sen)	14:42	Robbie Drummond (M 45)	17:26	Andrew McLinden (M 60)	18:36
Alan Inglis (M 45)	16:45	John Murray (M Sen)	17:34	David Kelly (M Sen)	20:19
Alister Biggar (M 40)	17:36	James McAnery (M 55)	17:59	Ross Bickerstaff (M 55)	18:48
Alex Corbett (M 45)	17:54	Duncan McKellar (M Sen)	16:39	Terence Grady (M 55)	19:46
55 Hunters Bog Trotters C	01:07:09	66 Kilmarnock H&AC C	01:09:52	77 Hamilton Harriers B	01:18:16
George Ashley (M Sen)	16:21	Cameron Mackie (M Sen)	15:47	Michael Millsop (M Sen)	17:23
Huw Jones (M Sen)	16:50	Ryan Kennedy (M Sen)	17:40	David Dawson (M 45)	18:10
Simon Harrison (M Sen)	17:05	Stewart McRoberts (M Sen)	17:25	Michael Maxton (M 40)	19:41
James Rogers (M Sen)	16:53	Kenneth Wales (M 45)	19:00	Peter Middleton (M Sen)	23:02
56 Aberdeen AAC C	01:07:25	67 Dumbarton AAC	01:10:44	78 Ayr Seaforth AC B	01:18:29
Athol Burnett (M 50)	17:28	Stephen Cole (M 40)	17:14	Laurence Baker (M 55)	17:11
Ewan Calder (MU20)	17:45	Peter Walsh (M Sen)	17:43	Andrew Crichton (M Sen)	18:57
Fraser McGillivray (M Sen)	16:40	Paul Kelly (M Sen)	17:27	Tom McCulloch (M 60)	20:00
Frank Boyne (M 45)	15:32	Kieran McQuade (M Sen)	18:20	James Murray (M Sen)	22:21
57 Law & District AAC C	01:07:31	68 Metro Aberdeen Running Club B	01:12:06	79 Motherwell AC B	01:19:19
Anthony Higgins (M 40)	16:44	Gavin Reid (M Sen)	19:13	John Burns (M 50)	19:10
Scott Jackson (M 45)	17:16	Gavin McLennan (M Sen)	17:51	Andrew Scott (M 45)	21:38
Jim Gillon (M Sen)	17:08	Peter Jennongs (M Sen)	18:22	Thomas Sneddon (M 40)	20:10
Stuart Leghorn (MU20)	16:23	Ian Urquhart (M Sen)	16:40	Robert Pattinson (M 45)	18:21
58 Kirkintilloch Olympians B	01:08:18	69 Carnegie Harriers C	01:13:12	80 Inverclyde AC D	01:21:53
Derek Martin (M 45)	17:15	Andrew Smith (M Sen)	15:07	Robert Todd (MU20)	17:33
Robert Rogerson (M 50)	17:12	Jonathan Millar (M Sen)	19:53	John Bannister (M 55)	20:58
Kieran Pugh (MU20)	15:57	Kevin Davie (M Sen)	17:35	Alastair Law (M Sen)	20:18
John Pugh (M 45)	17:54	Barry Davie (M Sen)	20:37	Tom Tracey (M 60)	23:04
59 Portobello Running Club	01:08:24	70 Lothian Running Club C	01:14:13		
William Jarvie (M 55)	15:54	Hugh Miller (M Sen)	17:51		
Ian Beattie (M 45)	19:08	Stephen Malcolm (M 45)	18:40		
Richard Hadfield (M 45)	17:39	Harry Mulholland (M 50)	17:44		
David Limmer (M Sen)	15:43	Martin Leadbetter (M 55)	19:58		

INCOMPLETE TEAMS

Shettleston Harriers B 00:47:52

Adam Peters (M Sen) 15:27
Mark McColl (M Sen) 15:23
Bill Winning (M 40) 17:02

VP-Glasgow AC B 00:51:26

Paul MacFarlane (M Sen) 17:06
Adam Redpath (M Sen) 16:37
Damien Moore (M Sen) 17:43

Kilbarchan AAC C 00:51:37

David Mackintosh (M Sen) 16:26
Alan Craig (M 45) 16:35
Steven Hill (M Sen) 18:36

Bellahouston Road Runners E 00:56:55

Barry Edwards (M Sen) 17:47
Niyall Goodwin (M Sen) 20:04
Kenny McDonald (M 40) 19:04

Edinburgh AC F 00:57:10

David Steele (M 50) 19:25
Alex MacEwen (M 55) 20:06
Eoghan Maguire (M Sen) 17:39

Central AC D 00:58:45

Kenneth Hislop (M Sen) 18:54
Sandy MacLarty (M Sen) 23:34
Aiden Cameron (M Sen) 16:17

Kirkintilloch Olympians C 00:59:09

Paul Reilly (M 45) 19:24
Cornel Neil (M 50) 19:22
David Gates (M 45) 20:23

Calderglen Harriers B 01:01:16

Andy Buchanan (M Sen) 21:46
Hugh Simpson (M 50) 19:48
Jim Mearns (M 45) 19:42

Greenock Glenpark Harriers C 01:04:11

Brian Harkins (M 40) 16:10
Duncan Anderson (M Sen) 32:37
Alan Henderson (M Sen) 15:24

Banchory Stonehaven AC 00:32:13

Andrew Ferguson Jnr (M Sen) 15:36
Stuart Ferguson (MU20) 16:37

East Kilbride A.C. B 00:32:31

Vincent Hastings (MU20) 14:55
David Gorman (M Sen) 17:36

Bellahouston Harriers D 00:34:36

Francis Gilroy (M 50) 17:55
Darren Murray (M 40) 16:41

Dundee Hawkhill Harriers 00:35:36

Kenneth Letham (M 50) 19:52
Bruce Scott (M 40) 15:44

Gala Harriers D 00:37:22

Thomas Knox (M Sen) 18:47
Alistair Laurie (M 50) 18:35

Edinburgh Univ Hare & Hounds B 00:16:07

Huw Vaughan-Jackson (M Sen) 16:07

Ochil Hill Runners 00:16:15

John Stevenson (M 50) 16:15

Kilmarnock H&AC D 00:17:57

Stewart McAllister (M Sen) 17:57

Giffnock North AAC C 00:19:36

Michael Hampson (M 50) 19:36

Portobello Running Club B 00:19:38

Andrew Stavert (M 50) 19:38

Motherwell AC C 00:20:54

Peter Blackmore (M 40) 20:54

Clydesdale Harriers D 00:21:40

Peter Rudzinski (M 60) 21:40

Calderglen Harriers D 00:25:03

Russell Couper (M 45) 25:03

1 Ron Hill Cambuslang Harriers E	00:57:23	8 Corstorphine AAC E	01:05:27	15 Carnegie Harriers B	01:11:13
Stephen Wylie (M 40)	14:13	Richard Lewis (M 40)	15:19	Mark Johnstone (M 40)	19:19
Greg Hastie (M 40)	15:09	Alan Cameron (M 40)	16:40	Peter Humphreys (M 45)	16:41
Kerry-Liam Wilson (M 40)	13:51	Dean Carr (M 40)	16:28	Robert Milton (M 50)	18:39
Jamie Reid (M 40)	14:10	Ian McPherson (M 45)	17:00	Steven King (M 40)	16:34
2 Greenock Glenpark Harriers B	01:00:56	9 VP-Glasgow AC C	01:05:52	16 Gala Harriers C	01:11:37
David Tamburini (M 40)	15:01	Crawford Little (M 45)	15:42	Alan Johnston (M 40)	17:53
Steven Campbell (M 40)	15:01	Peter Jardine (M 45)	16:33	Derrick Brydon (M 40)	18:21
Andrew White (M 45)	15:28	Gerard Craig (M 45)	16:06	William McCulloch (M 55)	17:47
Paul Monaghan (M 40)	15:26	Ralph Connolly (M 45)	17:31	Rory Campbell (M 40)	17:36
3 Kirkintilloch Olympians	01:01:13	10 Greenock Glenpark Harriers E	01:06:22	17 Hunters Bog Trotters E	01:12:33
Graham McCabe (M 40)	14:55	Sam McVicar (M 40)	15:33	Jon Rathjen (M 45)	16:14
Stephen Allan (M 40)	14:51	Robert Adams (M 45)	16:58	James Jarvis (M 40)	16:28
Howard Elliott (M 45)	15:45	Kevan McCartney (M 40)	16:11	Brian Pendreigh (M 55)	19:53
David Hogg (M 40)	15:42	Robert Wilson (M55)	17:40	Ian Campbell (M 45)	19:58
4 Bellahouston Road Runners B	01:01:21	11 Motherwell AC D	01:07:53	18 Greenock Glenpark Harriers G	01:14:52
Greig Glendinning (M 40)	15:04	Brian McLinden (M 40)	16:24	Michael Harrington (M 50)	18:04
Alastair Ewen (M 40)	15:06	Gordon McArthur (M 40)	17:43	Ross Slater (M 50)	18:41
Liam Conway (M 45)	15:30	Andrew Buchanan (M 40)	16:33	Robin McAuslan (M 50)	18:32
Russell Whittington (M 40)	15:41	Mark Gallacher (M 40)	17:13	Kevin James Gill (M 45)	19:35
5 Kilmarnock H&AC B	01:03:11	12 Edinburgh AC B	01:08:11	19 Falkirk Victoria Harriers B	01:17:20
Leslie McDermott (M 40)	15:50	Ken Mortimer (M 50)	17:38	John Martin (M 55)	18:28
Colin Glencourse (M 40)	15:32	Chris Creegan (M 50)	17:23	Malcolm Finlayson (M 45)	17:49
Connell Drummond (M 40)	16:20	Andrew Latham (M 45)	16:37	Gordon Dewar (M 45)	21:27
Scott Martin (M 45)	15:29	Robert Hamilton (M 40)	16:33	John Denholm (M 60)	19:36
6 Shettleston Harriers C	01:03:22	13 Bellahouston Road Runners D	01:08:39	20 Teviotdale Harriers B	01:20:53
Ian Johnston (M 45)	14:53	Henry Merriweather (M 40)	17:10	Ged Smith (M 40)	19:30
John Connaghan (M 40)	15:30	Gerry Hanlon (M 50)	18:11	Michael Yule (M 45)	18:39
Walter Henderson (M40)	16:25	Jim Robinson (M 50)	16:46	Alan Coltman (M 45)	20:56
John J Duffy (M 50)	16:34	Gerard Scullion (M 45)	16:32	Paul Lockie (M 45)	21:48
7 Central AC E	01:04:38	14 Calderglen Harriers C	01:11:12	21 Bellahouston Harriers C	01:24:09
Robin Mussett (M 50)	17:03	Andrew Henderson (M 60)	18:23	Robert Carson (M 60)	20:19
Ewan Jack (M 40)	15:27	Jim Holmes (M 45)	18:02	James McMillan (M 70)	20:42
Philip Williams (M 40)	15:34	David Herbertson (M 40)	18:23	Iain Burke (M 65)	20:54
Neil Cameron (M 45)	16:34	Alan Derrick (M 45)	16:24	Christopher Steward (M 60)	22:14

1 Shettleston Harriers D	00:46:15	7 Greenock Glenpark Harriers D	00:49:00	13 Ron Hill Cambuslang Harriers G	00:51:30
Denis Williams (M 50)	15:34	Steven Mcloone (M 50)	16:22	Alick Walkinshaw (M 50)	16:23
John Oates (M 55)	16:04	Michael Mcloone Snr (M 50)	15:58	Francis Hurley (M 60)	16:25
Andy Little (M 50)	14:37	Graham Mcgrattan (M 55)	16:40	Edward Carr (M 50)	18:42
2 Ron Hill Cambuslang Harriers F	00:46:44	8 Calderglen Harriers	00:49:48	14 Westerlands XC Club B	00:52:59
Paul Thompson (M 55)	15:23	Martin Duthie (M 50)	16:03	John Quinn (M 55)	18:38
Chris Upson (M 50)	15:41	Andrew McCaffery (M 50)	16:26	Gibson Fleming (M 70)	17:23
Colin Feechan (M 55)	15:40	Edward Reid (M 50)	17:19	David Calder (M 50)	16:58
3 Edinburgh AC	00:47:01	9 Bellahouston Road Runners F	00:50:00	15 Fife AC	00:54:17
David Cross (M 50)	15:46	John Gilhooly (M 55)	17:18	Kenneth Anthony (M 50)	16:39
John Blair (M 50)	15:47	Keith Gibb (M 50)	15:48	Kenneth Morris (M 65)	19:06
Martin Ferguson (M 50)	15:28	Alastair MacLachlan (M 55)	16:54	D.Melville Scobie (M 65)	18:32
4 Corstorphine AAC D	00:47:16	10 VP-Glasgow AC D	00:50:17	16 Central AC F	00:58:40
Graeme Fletcher (M 50)	15:36	Derek Watson Snr. (M 50)	16:50	Stuart Watson (M 50)	18:16
Bruce Malcolm (M 50)	16:15	David McCormack (M 50)	16:07	Raymond J Milne (M 50)	21:05
Ian Johnston (M 50)	15:25	Tom Ord (M 55)	17:20	Billy Mitchell (M 50)	19:19
5 Motherwell AC E	00:47:44	11 Dundee Hawkhill Harriers B	00:50:34	17 Central AC G	00:59:57
Benjamin Hands (M 50)	16:13	Matthew Strachan (M 50)	16:03	Allan Gall (M 55)	19:17
Graeme Kennedy (M 50)	16:22	Nigel Reynolds (M 50)	17:49	John Millar (M 60)	20:35
Alexander Robertson (M 50)	15:09	Craig Ross (M 55)	16:42	Cameron Campbell (M 55)	20:05
6 Garscube Harriers E	00:48:32	12 Carnegie Harriers	00:51:21		
Robert McLennan (M 55)	15:26	Ian Stewart (M 55)	15:56		
David Dickson (M 55)	16:07	John Hynd (M 50)	17:55		
Athole Smith (M 50)	16:59	John Crookston (M 55)	17:30		

INCOMPLETE TEAMS

Lothian Running Club D **00:41:06**
 Kenton Jones (M 50) 19:54
 Kenny Mearns (M 55) 21:12

Westerlands XC Club C **00:19:11**
 Don Reid (M55) 19:11